



Phoenix Academy of Gymnastics
The Rise of an Athlete

Condition of Entry

Rules and Regulations of Phoenix Academy of Gymnastics

The following Condition of Entry applies to all but are not limited to visitors, spectators & athletes. These conditions should be considered in conjunction with those which appear on the Gymnastics NSW and or the Gymnastics Australia website. Any specific conditions will be found on the entry form or correspondence issued by a coach or a member of Phoenix Academy of Gymnastics.

Allergies within the gymnasium

It is important that you are careful about the food that is brought into the gymnasium. You must adhere to all food requirements set out by Phoenix Academy of Gymnastics such as (but not limited to) *Nuts, shellfish, banana and eggs.*

Phoenix Academy of Gymnastics encourages healthy lifestyles and recommends that you bring fresh and healthy food into the gymnasium for snacks before, during and after training sessions

Parent Supervision

Parents of gymnasts participating in a 1 hour class are welcome to stay in the reception area for the duration of the session .Limited seating will be available.

Parents of gymnasts participating in classes longer than 1 hour whose child is 5 years of age or younger may also stay in the reception area for the duration of the lesson.

For the smooth running of our classes we do not allow parents of gymnasts participating in classes longer than 1 hour to stay after the first 15 minutes of the class, you can then return to watch the final 15 minutes

Please make sure that you arrive back on time to pick up your child.

All participants must be collected from reception area. Children will remain with coach/reception until a parent comes to collect them.

Lost Property

Any lost property that is left in the gym at the end of each term will be thrown out, please make sure you take drink bottles and clothes home with you after every session

Refusal of Entry

For the comfort, safety and enjoyment of all patrons, the hosting coordinator reserves the right to:

- Refuse entry to any persons deemed to be intoxicated and/or disorderly
- Offensive, discriminatory or anti-social behaviour will not be tolerated and may result in offending patrons being evicted
- Refusal of entry to any unauthorised person
- Refuse entry of items which have the potential to cause injury or public nuisance



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General Conditions:

Alcoholic beverages cannot be taken into or from the hosting venue

For the health and safety of all participants, smoking is not permitted within the premises, which includes the carpark. If you wish to smoke you will need to do so outside of the venue gates. Anyone caught smoking on the premises will be asked to leave immediately.

In the events of an evacuation all persons must follow any directions given by an authorised person

Due to safety reason, strollers and prams are not permitted in any training areas.

Due to child protection laws and for the safety of the children, the use of photographic, video or audio equipment for commercial purpose is not permitted within the venue. Please see your coach at the end of the lesson if you wish to take any photos. Anyone caught taking photos or videos during the lessons will be asked to leave immediately and the footage will be deleted.

Competition Conditions

At the completion of the competition the facility must be returned to the original condition including all cleaning

The event co-ordinated by or authorised by Gymnastics NSW and or Gymnastics Australia will be conducted in accordance but not limited to the following guidelines:

- Gymnastics NSW Coaches Code of Behaviour
- Gymnastics NSW Spectator Code of Behaviour
- Blood and Infectious Disease Policy
- Coaches' Judges Code of Ethics
- Gymnastics NSW Event policy
- Member protection (inc but not limited to Anti Discrimination and Child Protection)

All competitors must wear full competition clothing for the complete duration of the competition

All judges and or coaches must hold a valid accreditation and affiliation in Women's or Men's Gymnastics when participating in when participating in a competition event

Additional information can be obtained from Gymnastics NSW & Gymnastics Australia website

Competition Hire

All equipment must be placed back in its original position at the conclusion of the comp.

All judges tables and chairs will need to be removed from the floor and placed in the designated area.

To book the venue, one person must have a current first aid and CPR certificate.

Birthday Parties

You can set up 15 minutes prior to the commencement of the party. At the end of the party all tables must be cleared of rubbish and put in the bins provided.

The birthday party waiver and first aid form will need to be handed in prior to the commencement of the party.

School Groups/ Group bookings

There must be at least one accredited teacher/ coach with a current first aid and CPR certificate.